

West Carroll Special School District Instructional Plan/Pacing Guide, 2016-2017

Teacher: Linda Hodgson		Co-Teacher:			
Subject: Physical Education		Grade Level: K-2nd			
Unit Title	TN Standard # ACT Standard # (When Applicable)	Major Topics and Concepts Addressed	Major Activities Assignments Field Trips	Assessing Student Mastery	Pacing (Beginning and ending dates of instruction)
				What student generated product will demonstrate that he/she has met the learning expectation?	
Building a Foundation	Movement Forms/Motor Skills and Movement Patterns Movement Concepts and Principles Personal and Social Responsibility Fitness Physical Activity Values Physical Activity	Locomotor Skills Non-locomotor Level Pathway Tempo Directions General Space Personal Space Sharing Communicate	1. Orientation and Personal Space 2. General Space and Creative Moves 3. Locomotor Skills, Levels, & Directions 4. Pathways and Creative Moves 5. Tempos and Creative Moves 6. Movement Concepts Using Hoops 7. Body Management and Balance 8. Pairing and Moving Together 9. Pairs Combining Movement Concepts 10. Grouping and Moving Together 11. Chasing and Fleeing	TSW Understand -Behavioral expectations of class, and management and organization protocols -Body and spatial awareness, locomotor and non-locomotor skills. -Directionality, pathways, levels and tempos TSWBAT demonstrate -Sharing, taking turns, cooperate and experience personal success through movement.	Week 1 - 6
Parachute	Personal and Social Responsibility Physical Activity Fitness Values Physical Activity	Physical Fitness Cooperation Overhand Grip Underhand Grip Muscular Strength Cardiovascular Directional Prompts	1. Chute Shapes 2. Move and Groove 3. Changing Places 4. Parachute Fitness 5. Popcorn 6. Shark Attack 7. Space Mountain 8. Parachute Switcheroo	TSWBAT demonstrate -encouragement and cooperative behaviors -stretching movements, strength development exercises -Non-locomotor and locomotor Skills	Week 7-12

Manipulatives	<p>Movement Forms/Motor Skills and Movement Patterns</p> <p>Physical Activity</p> <p>Values Physical Activity</p>	<p>Fundamental Motor Skills Develop basic manipulative skills (throwing, tossing, catching, kicking, striking)</p>	<ol style="list-style-type: none"> 1. Beanbag Exploration 2. Twist/Turn & Bend/Stretch 3. Line Boogie 4. Hoop Exploration 5. Hoop Spinning 6. Hoop Rolling 7. Partner Hoop Rolling 8. Manipulatives Circuit 	<p>TSWBAT demonstrate</p> <p>-Manipulating objects of different shapes, sizes, weights, and textures to acquire a variety of movement skills such as balancing, rolling small and large objects, and tossing and catching while stationary and moving</p> <p>TSWL -acquisition of basic skills that may later be applied to individual and group sport activities</p>	Week 13-18
Catching and Throwing	<p>Movement Forms/Motor Skills and Movement Patterns</p> <p>Physical Activity</p> <p>Values Physical Activity</p>	<ul style="list-style-type: none"> - Catching -Throwing -Accuracy -Overhand -Underhand 	<ol style="list-style-type: none"> 1. Rolling and Catching with Partner 2. Throwing underhand to targets 3. Self-toss and Catch 4. Partner Throw and Catch 5. Partner Throw and Catch Challenges 6. Overhand Throw for Distance 7. Clean Your Room 	<p>TSWBAT demonstrate</p> <p>-catching and throwing with balls and other objects of various sizes, weights, and shapes</p> <p>-rolling balls, and throwing underhand and overhand</p> <p>-throwing for accuracy and distance at both stationary and moving targets</p> <p>-catching objects off the bounce, through the air, and tossed with scoops.</p> <p>-basics for many individual and team sports</p>	Week 19-24

Striking	<p>Movement Forms/Motor Skills and Movement Patterns</p> <p>Physical Activity</p> <p>Values Physical Activity</p>	<p><u>Concepts:</u></p> <ul style="list-style-type: none"> Boundaries Rules Rotation Scoring-Rally Good sportsmanship Safety 	Volleyball w/ balloons	<p>TSWBAT Demonstrate</p> <ul style="list-style-type: none"> Overhand throwing Keeping balloon up with different body parts Forearm passing Setting 	Week 25-30
Fitness	<p>Fitness</p> <p>Physical Activity</p> <p>Values Physical Activity</p>	<p><u>Concepts:</u></p> <ul style="list-style-type: none"> Understand concepts of pace when running distances How to check pulse How to pass baton during relay 	<p>Field Day event practice</p> <p>Field Day</p>	<p>TSWBAT Demonstrate</p> <ul style="list-style-type: none"> How to run fast, slow and medium speeds. Understand how to run for longer periods of time (pace) Ability to work affectively with relay team Long jumping Broad jumping Relay race handoffs 	Week 31-36